



First Steps to a Lifetime of Learning

Children's Campus at Southpoint Room 6 Daily Schedule

7:15 – 9:00 am	Arrival and Health Checks Free Choice Activities Individual Routines *
9:00 – 9:30 am	Morning Snack Free Choice Activities Individual Routines *
9:30 – 10:45am	Circle Time Free Choice Activities Available
9:45-10:45am	Free Choice Activities Individual Routines * Special Planned Activities (circle time, art, music, etc)
10:45-11:30 am	Outdoor Time (*weather permitting) Vigorous active play (indoors or outdoors)
11:30 – 11:45 am	Music and Movement Free Choice Activities Available Individual Routines *
11:45-12:45 pm	Lunch Clean up and prepare for rest time Individual Routines *
12:45-2:45 pm	Rest Time Quiet Activity Time (for non-nappers and early risers)
2:45-3:15 pm	Afternoon Snack Free Choice Activities Individual Routines *
3:15-4:15 pm	Free Choice Activities Individual Routines *
4:15-5:00pm	Outdoor Time (*weather permitting) Vigorous active play (indoors or outdoors)
5:00-5:15	Story Time Free Choice Activities Available
5:15-5:45 pm	Free Choice Activities Individual Routines * Departure

***Individual Routines** consist of diapering and / or toileting all day long when the child needs it. Diapers will be checked and/or changed every two hours.

***Weather permitting:** All children go outdoors every day unless there is active precipitation. There is no bad weather just bad clothing. When weather does not permit outside we use the gross motor room

***Free Play** consists of all children having access to all the activity areas and toys all day. Teachers will add activities and toys to help stimulate each child's development