

Children's Campus Room 7 Daily Schedule

7:15 – 9:00 am	Arrival and Health Checks Free Choice Activities <i>Individual Routines *</i>
9:00 – 9:30 am	Morning Snack Free Choice Activities
9:30 – 9:45 am	Morning Circle Free Choice Activities
9:45-11:00 am	Free Choice Activities <i>Individual Routines *</i> Teacher Directed activities offered
11:00 –11:45 am	Outdoor Time (weather permitting) Vigorous active play (indoors or outdoors)
11:45-12:00 pm	Story Time/Prepare for Lunch
12:00-1:00 pm	Lunch Clean up and prepare for rest time <i>Individual Routines *</i>
1:00-3:00 pm	Rest Time Quiet Activity Time (for non-nappers and early risers)
3:00-3:30 pm	Afternoon Snack Free Choice Activities <i>Individual Routines *</i>
3:30-3:45 pm	Music and Movement Free Choice Activities
3:45-4:15 pm	Free Choice Activities <i>Individual Routines *</i>
4:15-5:00 pm	Outdoor Time (weather permitting) Vigorous active play (indoors or outdoors)
5:00-5:45 pm	Free Choice Activities <i>Individual Routines *</i> Departure

***Individual Routines** consist of diapering and / or toileting all day long when the child needs it. Diapers will be checked and/or changed every two hours.

***Free Play** consists of all children having access to all the activity areas and toys all day. Teachers will add activities and toys to help stimulate each child's development