

## Children's Campus of Chapel Hill Fours Team C Daily Schedule

7:15-9:00	Arrival and Health Checks <b>Free Choice Activities</b> Individual Routines*
9:00-9:30	<b>Morning Snack</b> Free Choice Activities
9:30-11:00	<b>Free Choice Activities</b> Special Planned Activities Individual Routines* (Meeting, Art, Music, etc.)
11:00-11:45	<b>Outdoor Time</b> (Weather Permitting) Vigorous active play (indoors or outdoors)
11:45-12:00	Individual Routines*
12:00-1:00	<b>Lunch</b> Clean Up and Prepare for Rest Time Individual Routines*
1:00-3:00	<b>Rest Time</b> Quiet Activity Time (non-nappers and early-risers)
3:00-3:30	<b>Afternoon Snack</b> Free Choice Activities Individual Routines*
3:30-4:30	<b>Free Choice Activities</b> Special Planned Activities (Meeting, Art, Music, etc.)
4:30-5:00	<b>Outdoor Time</b> (Weather Permitting*)
5:00-5:45	<b>Free Choice Activities</b> Individual Routines*
5:45	Departure

**\*Individual Routines** consist of toileting on an individual schedule/need. Toileting is provided at any time throughout the child's day, whenever a child needs to use the restroom.

**\*Weather Permitting:** All children go outdoors every day unless there is active precipitation. There is no bad weather, just bad clothing. When weather does not permit outside play, we use the gym or conduct an indoor gross motor activity.

**\*Free Choice Activities** consist of all children having access to all the activity areas and toys all day. Teachers will add activities and toys to help stimulate each child's development.